

Quick Start Offline Activities

Elementary

Literacy

Read. Set up a daily reading time. Have your child read their favourite book in English, French, and/or language of their choice. Talk to your child about their reading and ask questions. *What do you think this book will be about? Do you like the story so far? Why or why not?* Have your child set a goal of how many minutes they will read in a day and record their progress.

Write. Encourage your child to think about what they can make with recycled objects or things they find outside. These creations can inspire them to write in English or French! Other ideas include writing a daily note with a question and having your child respond in writing. As well, encourage your child to write letters to friends and relatives.

French

Speak French. Ask your child simple questions that they can answer in French, such as how they are feeling and what the weather is like. Encourage your child to phone a friend and have a short conversation.

Listen to French music and watch a children's television show. Listen to a song or television show for a short period. Ask your child to clap for words or expressions they understand.

Health and Wellness

Keep moving. Children should have at least 60 minutes total of physical activity each day. Make physical activity part of your family routine and try to enjoy nature. Be sure to maintain a safe distance from others.

Dance. Encourage your child to teach you songs and dances they know and perform them together. A dance party can be really fun!

Sing. Encourage your child to sing every day. For younger children, sing songs for various purposes such as cleaning up, bedtime, or going for a walk.

Learning in Life

Make art. Encourage your child to draw pictures of what they have done, where they have been, how they are feeling, and what they are imagining.

Listen to music. Listen to a variety of music genres with your child. Discuss interesting questions about music such as "What makes a piece of music popular?"

Create a journal/album/scrapbook. Encourage your child to describe their life in French or English. *What activities are you doing? How are you helping your family? Who is the most important person in your life right now and why?*

Numeracy

Estimate. Have a conversation about quantity with your child before counting items. Practice making simple predictions.

Count. Have children count items around the home or in nature and talk about ways of grouping items into sets to make counting easier. Combine counting with singing and listening to music.

Do a survey. Have your child regularly track something, such as the weather or wildlife they see. Ask them to think about how they could record and organize the information collected, and to look for patterns.

Sequencing. Encourage your child to write down the steps to complete a task, list the instructions for a game, or create a code. Draw or create a maze. Create a building plan for blocks or LEGO.

Practice mental math. Provide opportunities for practicing addition/subtraction and multiplication/division using mental math strategies. Make it a game!